



# **SAVE THE DATE!!!!**

**Date: Wednesday, May 3, 2023**

**Time: 11:00 AM – 3:00 PM**

**Where: Nineteenth Street Baptist Church  
4606 16<sup>th</sup> Street NW. Washington, DC 20011**

## **“PREPARE TO CARE . . . OUR SENIORS . . . OUR LEGACY”**

### **Older American Month “Aging Abound”**

**Presentations by local government  
agencies for Senior Residents 60+ and  
Disabled • Bag Lunch Included!**

Learn about:

**Safety at Home • Senior Transportation • Legal Counsel for the Elderly • Utility/Energy and Environmental Assistance • Food Selection and Preparation • Hair & Scalp Care • Kidney Smart Tips • Dental Care and more!**

**Register By Wednesday, April 26, 2023** <https://forms.gle/2bLkW4kAAC2ebD4P8>

**Questions: email: [clhhealthcoor19@gmail.com](mailto:clhhealthcoor19@gmail.com) • voice: [202] 670-2933**

Sister Alice Thompson, DACL • Sister Judith Neely, Health Ministry Reboot • Choose Healthy Life Initiative