

**Nineteenth Street Baptist Church  
Invites You To**

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**“Yardfest” 2023**

**... It's a Family Affair ...**

**Free Fall Festival!!**

**OCTOBER 29 SUNDAY 12 PM - 3 PM**  
4606 16<sup>th</sup> Street NW  
Washington, DC 20011

**Lineup of Activities include:**

- **Giant Pharmacy COVID Vaccines, Boosters, Flu and Shingles Shots Clinic**
- **American University Health Students with health “edutainment” activities for All**
- **Line Dancing Demonstration with “Wanda Woman”**
- **“ Zen Buds” Tai Chi Demonstration with Jerry Simpson**
- **DC Hand Dancing Demonstration with “TW” Boyd**
- **Bones and Beats, Fun Children’s Movement Activities with Ama Lee, Bone Health Educator**
- **“ Walk This Way” Walkers...Ask Us Why We Lace Up and How to Get Started?**

For More Information Contact: Janyce F. Jefferson, RDH, MPH, Health Navigator @ [410] 804-9325  
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